



**Kia ora tatou katoa - hi everyone**

**No 23**

**3 August 2017**

**WELCOME to** Chelsea Cracknell who started in Room 1 this week. We hope she enjoys her time learning and making new friends at Papanui Primary.

### **SICKNESS**

It's the time of year when there are lots of bugs and viruses around causing people to be sick with colds, flu, diarrhoea, vomiting, coughs and stomach upsets.

The children's toilet facilities all have soap, hot water and paper towels to ensure there is the opportunity to wash their hands.

At home we'd appreciate you reinforcing the message we give at school:

- **washing their hands** after blowing/wiping their nose and after going to the toilet;
- using tissues;
- coughing into the inner elbow

These good personal habits if used by everyone will lessen the number of bugs/germs around and help to keep us all well. This along with **good nutrition**, plenty of water, exercise and **good sleep** - at least 10-12 hours nightly will help keep children feeling good and will optimise their learning.

If you have concerns about your child's health : **HEALTHLINE 0800 611 116** or contact your Medical Centre.

### **CHICKENPOX**

There are an increasing number of children coming down with Chickenpox at school. The following information is from the Ministry of Health.

#### **Early Signs.**

*The early signs are tiredness, fever and spots. Blisters form on top of each spot.*

#### **Contagious**

*This disease is spread by coughing and sneezing, also direct contact with weeping blisters.*

*Time between exposure and sickness developing is 13–17 days. A child can be infectious from up to 5 days before appearance of rash until lesions have crusted (usually about 5 days).*

*Due to the contagious nature of chickenpox children will need to be kept away from school for one week from date of appearance of rash or as advised by a GP.*

### **SCHOOL ACCOUNTS**

**Keep track of your child's account with KINDO.  
Check your balance and make payments anytime.**

This is our preferred method of paying so please go to our website [www.papanuiprimary.school.nz](http://www.papanuiprimary.school.nz) and follow the easy steps to sign up under the tab 'School Shop', 'New Users'.

★★ **A fee has been added to your school account this week for 'Mindful Movers'** ★★

**Introducing our online school shop**

Open 24/7 for orders & payments through our school website

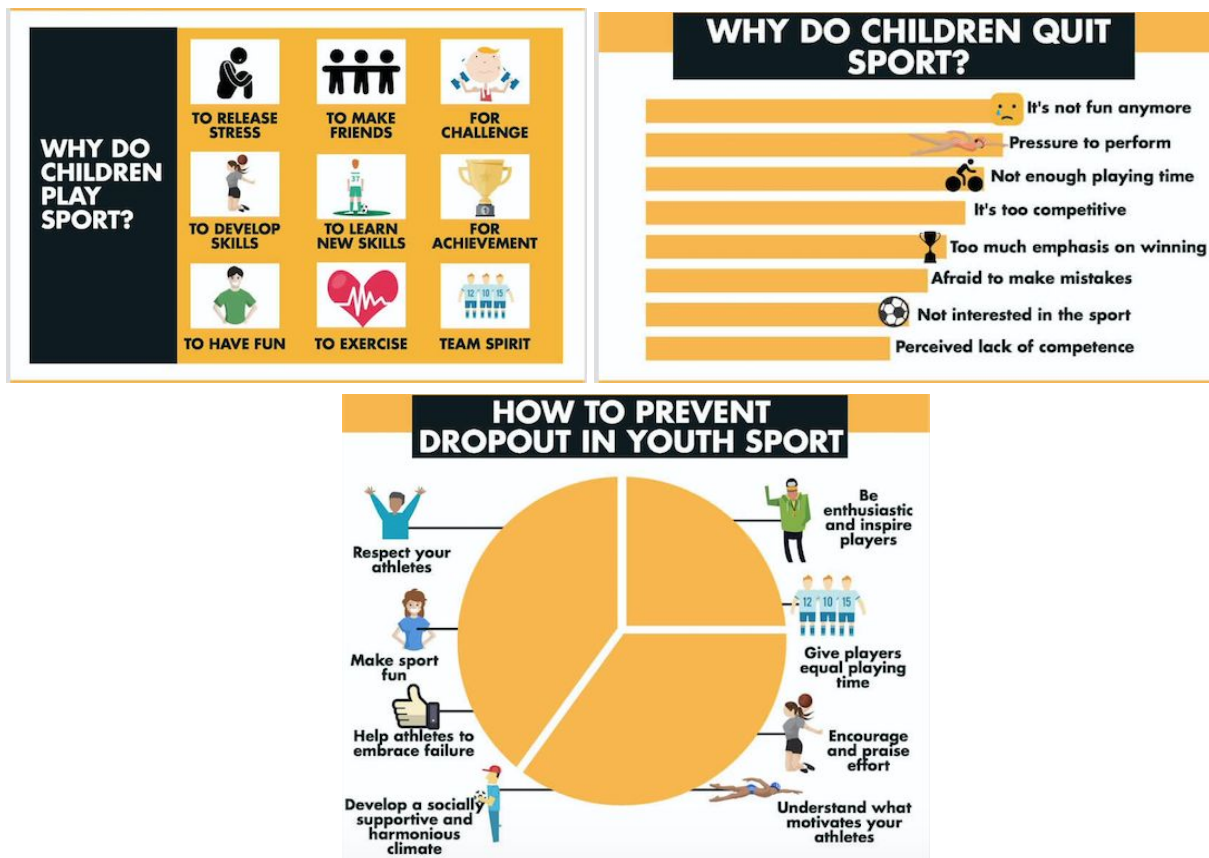
kindo.

## SPORT

As a parent and a teacher I am a strong believer in children being involved in physical activity (not just sport but dance, walking etc) and cultural or sporting activity. There are plenty of positives for children, and ultimately society, being active and involved in something bigger.

With all things there are positives and negatives. The positives are well documented and far outweigh the negatives.

This survey out of the UK is a really good reminder of what we should be aspiring for in sport - in fact any activity that involves children not just sport.



## UPCOMING EVENTS

1 Aug	Kath Bee
1 Aug	School Photos
8 Aug	PTA Meeting
17 Aug	Cultural Festival
24 Aug	Grandparents Open Afternoon (More info to come)
8 Sep	Junior Cricket
29 Sep	End of Term 3

***Kia kaha te menemene - keep smiling***  
**Paul**

## COMMUNITY NEWS

**Great Oxford Garage Sale** - Sunday 6 August, 9-2pm in and around Oxford Township. Venue Maps will be available on the day from 9am to 11am at Pearson Park Oval, off Dohrmans Road, off Bay Road, or you can sign up to receive one by email [oxfordgaragesale2017@gmail.com](mailto:oxfordgaragesale2017@gmail.com). After 11am by Pine Tree, Main Street Oxford. Phone: Ron 0274 898 369. Facebook: Great Oxford Garage Sale Trail 2017. Coin donation appreciated for map. An extravaganza of new, recycled, second hand, vintage, treasures, odds & ends PLUS local business sales tables.