



Kia ora tatou katoa - hi everyone

No 39

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## TOLERANCE

After bringing this topic up last week I thought I'd follow up with a few tips from a parenting website.

*"The tolerance level that parents possess naturally teaches their kids the same message. Children closely watch and imitate us, even before they can speak. Kids will mirror the values and attitudes of those they love and look up to.*

*Parents who model and display tolerance in their every day actions and words teach their kids to appreciate differences in others too. So we teach by example and provide them with opportunities to play and work with others.*

*Kids can't "just" be told, they need to experience first hand how people who are different and similar to themselves can contribute in numerous ways.*

*Here are some tips for how to teach your kids tolerance.*

- *Look at the way you treat and speak to others. Does this reflect tolerance? Demonstrate a respect for others and reflect on your own attitude regularly.*
- *Kids listen and learn from you. Even if you're having a conversation with your partner, be mindful that your kids may be listening. Think carefully about the words you use. By all means talk about differing groups in a factual and informative manner, but avoid joking and any degrading name-calling. Your kids may repeat what they have heard and sometimes in less private situations.*
- *Answer your kid's questions honestly and respectfully. Everyone notices differences in people so it is perfectly okay to discuss them with your kids if done in a respectful way.*
- *Choose programs, movies, stories and games that value differences. The media has a powerful ability to shape attitudes. If you do watch or see something that is prejudice, be sure to talk about it with your kids and the hurt it can cause to those groups.*
- *Expect your kids to treat others with respect. By modelling tolerance yourself, you should certainly not accept disrespectful behaviour both inside and outside your home.*
- *Value the differences within your own family. Accept the qualities each member possesses regardless of differing styles, interests and abilities. Help your kids feel values for who they are too.*
- *Foster self-esteem in your family. We all know that people who don't respect others rarely feel happy and secure within themselves. Kids who do feel good about themselves tend to be more courteous towards others.*
- *Learn together about other cultures and traditions. Explore how different cultures celebrate occasions in their own special way and go about life. Talk about it and appreciate the experience.*
- *Teach your own family traditions to your kids and encourage pride. Value and talk about where you belong and be open to teach others what you have to offer.*

*Think about the behaviors you wish to see in your child. Then model those behaviors, because kids will mostly follow in your footsteps."*



## PTA FUN DAY

To finish the 2017 school year in style the PTA are hiring an inflatable slide between 2 and 6pm. The children will get a chance in school time (up to 3pm) AND after school till 6pm if their families bring them down. There will be a sausage sizzle and perhaps one or two other 'happenings'. A great chance for a final get together for the children and their families - all welcome.

## CANTERBURY PRIMARY SCHOOL ATHLETICS CHAMPIONSHIPS

A huge congratulations to Maddox, Charlotte, Maia and Brodie who represented the North Zone and our school at this Canterbury wide event on Wednesday.

### *Brodie's Reflections*

First we had to line up for sprints and I was in lane 3. I was really nervous so at the start I like to shake my hands to get the nerves off me. When the gun went off I got a fright because it was so loud but when I started running I thought it wasn't too hard, I was just trying to do my best. I didn't feel as nervous for my next race because I got 2nd. For the next race I was against some harder people, I wished them luck but I still wanted to beat them. At first I was in front but then a girl caught up to me so I ended up 2nd.

For long jump I wasn't nervous. We got a practice jump but we were jumping into stones so it kind of hurt my feet. I jumped and got 3.77m, it was the best jump I've ever done. I was really surprised. My second jump I got a little bit less and my third was 3.58m. But my best jump counts so I got first.

Maddox: 60m sprint 11yr boys

Charlotte: 10yr girls long jump

Maia: 10yr girls 80m sprint

Brodie: 9yr girls long jump (1st), 80m sprint (2nd)



## TOUCH RUGBY - REMINDER

Could all coaches/managers please collect all of your team's tops at the end of the last game next week. The children will need to be advised to bring a spare top to change into. We would be most appreciative if all uniform could be washed and returned to school prior to Friday 15 December. Thank you.

## SPORTS UNIFORM

**All outstanding uniform i.e. rugby tops, shorts and socks; sports tops; basketball tops; netball skorts and soccer uniform must be returned to school by Wednesday 13 December. All uniform that is not returned will be charged to your child's school account.**

## DENTAL CARE OVER THE SCHOOL HOLIDAYS

The Community Dental Service will be providing emergency dental appointments **19 - 22 December** at: Hornby Community Dental Clinic; Northcote Community Dental Clinic; Woolston Community Dental Clinic; Aranui Community Dental Clinic and Hillmorton Community Dental Clinic. From **9 - 12 January** the service will operate by appointment only. If we are unable to see your child, alternative options will be given. If your child has dental pain as a result of an accident contact your dentist in the first instance. An emergency dental service will also be offered from Hillmorton Community Dental Clinic and Northcote Community Dental Clinic on the following dates: **15 - 19 January and 22 - 26 January 2018**. You can phone and make an appointment for these clinics by ringing 0800 846 983.

## UPCOMING EVENTS

8 Dec	Junior Sharing Assembly - 2pm	<b>14 Dec</b>	<b>PTA Fun Day - 2 to 6pm</b>
11 Dec	Yr 6 Helpers Lunch	15 Dec	Last day: SCHOOL CLOSURES AT 1PM
11 Dec	Juniors Big Day Out <i>*change of date*</i>	<b>30 Jan</b>	<b>Uniform Sale 11am - 1pm</b>
12 Dec	Yr 6 Leavers Assembly - 1:45pm	5 Feb	First day School
13 Dec	Junior Sports Day	6 Feb	Waitangi Day - School Closed
13 Dec	Year 6 Te Koru		

***Kia kaha te menemene - keep smiling***  
***Paul***