



**NETSAFE**

After last week’s newsletter I challenged parents in their digital responsibilities. With the term break coming up the pressure from kids to be online will be even greater. So I have included a link to an organisation that can support you in this role.

Everyone should check out this link: <https://www.netsafe.org.nz/online-safety-for-parents/>

Online safety for parents is more important than ever. As young people begin to spend more time online, it’s important that parents start to teach them how to stay safe. So, how do you get started? Check out the 10 things to think about below - no.9 (missing from this list) is a topic for the intermediate age +

<ul style="list-style-type: none"> <li>● SET EXPECTATIONS</li> <li>● UNDERSTAND WHAT THEY DO ONLINE</li> <li>● IF YOU DON'T UNDERSTAND IT, TRY IT</li> <li>● SET A GOOD EXAMPLE</li> <li>● TEACH THEM THE BASICS</li> <li>● SETTING UP SOCIAL MEDIA</li> <li>● GIVE THEM THE TOOLS THEY NEED</li> <li>● ONLINE BULLYING</li> <li>● WHAT IF SOMETHING DOES HAPPEN?</li> </ul>	
	<p>If you want to know more - Netsafe is New Zealand’s independent, non-profit online safety organisation. They provide online safety help, support, expertise and education to people in New Zealand.</p> <p>After noticing the growing influence of technology in their respective areas, the New Zealand Police, Ministry of Education and several not for profits teamed up with telecommunication organisations and IT industry partners to create an independent body focussed on online safety.</p> <p><a href="https://www.netsafe.org.nz/">https://www.netsafe.org.nz/</a></p>

**FUN ACTIVITIES** (during the holidays)

For those of you taking up the challenge to reduce screen time the next two weeks will be a challenge. To assist I’ve included some ideas that’ll get kids active and participating in some worthwhile activities.

The following organisations regularly run holiday programmes or workshops for kids or teens in the **October 2018 holidays**.

- [Christchurch Art Gallery](#)
- [Wall to Wall](#) Join in creating a massive piece of public art in one of the downstairs galleries.
- [Children's workshop: Create! The Anatomy of a container.](#) 4 October 10am, 9 October 1pm
- [Christchurch Botanic Gardens](#)
- [Creative Junk workshops](#)
- [Court Theatre](#)
- [The Drawing Room](#) see [drawing workshops listed on Facebook](#)
- [Imagination Station](#)

The following link is where I sourced these from and it also provides more.  
<https://my.christchurchcitylibraries.com/holiday-programmes/>

And here is link to free activities.  
<http://christchurchmums.com/20-free-things-to-do-in-christchurch/>

**PTA RAFFLES and MUFTI DAY - Friday 28 September - TOMORROW**

Mufti day tomorrow children can dress in mufti (not school uniform) by bringing an item along - can be a grocery, household, gardening .... (please check the use by date) for an upcoming raffle.



**UPCOMING EVENTS**

28 September	Mufti Day	30 November	School disco
26 October	Senior Athletics	11 & 12 December	Reporting to Parents
Sat 3 November	PTA Quiz Night	14 December	PTA Fun Day till 5pm
9 November	Mufti Day (Xmas raffle)	18 December 2pm	Leavers' Assembly
30 November	Mufti Day (Xmas raffle)		
<b>Thursday 20 December - 12pm finish for the last day of school</b>			

***Kia kaha te menemene - keep smiling***  
**Paul**

**COMMUNITY NEWS**

***The Breeze Walking Festival, 29 September to Sunday 14 October 2018*** - Now in its seventh year, the festival offers 50 free walks with a range of easy, medium and challenging routes. Many of the walks combine the chance to learn more about nature, culture, history and new developments around our city and region.

The opening weekend sees the return of the popular feature walk 'Dogs Day Out' that begins with a guided scenic walk in the Heathcote Valley and then the opportunity to explore Ferrymead Heritage Park at your leisure with doggie-tram rides, free micro chipping for Christchurch registered dogs, and lots of treats for dog lovers of all ages!

Exciting new additions to the 2018 event are: Discover Quail Island; Walking Netball; Walk from the Malthouse to Cracroft along the Heathcote river; View the Historic Glentunnel Museum and surrounds; the stunning Hinewai to Look Out trek; explore the East with the Rawhiti Roam; and the NEW Alright? Amble in Waimakariri. Back by popular demand are the exciting and interactive walks designed specifically for pre-schoolers and children: the Gruffalo Explorers, Pukeko Stomp and the ever muddy Going on a Bear Hunt, as well as many other family friendly walks.

So get your family and friends together, head outdoors and put some spring into your step with The Breeze Walking Festival. **Pick up a copy of the festival booklet with all the walk details from your local Library, Service Centre or Recreation and Sport Centre.**



**CASEBROOK INTERMEDIATE SCHOOL  
WEDNESDAY 31 OCTOBER, 7 - 9PM  
GOLD COIN DONATION**

# **WHAT'S YOUR PARENTING PLAN? LET'S CREATE KIDS WHO ARE...**

**RESPONSIBLE. RESPECTFUL.  
RESOURCEFUL. RESILIENT.**

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Come and hear Andrew Lines talk about navigating the struggles of parenting in the 21st century whilst offering a common sense, proactive approach to developing our children into fine young adults. His workshop is for parents/carers of 0 - 18 year olds.

[theritejourney.com/programs/theparentingplan](http://theritejourney.com/programs/theparentingplan)